

February 4, 2012 Workshop

Pre-Registration is required

Register on our website:

bpwdurham.com

or Contact :Joanne Cox:

Phone: 905-571-0473

Email: 2resrv@bpwdurham.com

The
Business & Professional
Women of Durham
WHY WALK IN SOMEONE ELSE'S SHADOW — CAST YOUR OWN!



Road Map To Success Workshop: How to Speak in Public

During the nominations for the presidential elections of 2008, Hilary Clinton said, *"I have a lifetime of experience that I will bring to the White House, Senator John Main has a lifetime of experience that he will bring to the White house and Senator Barack Obama has a speech he wrote in 2004."*

In almost every area in life the ones that are most successful are the ones that can stand up and speak convincingly in front of other people. Most people are terrified of public speaking. But public speaking is a learnable skill. When you make the effort to develop that skill the benefits come back to you. We all admire people who seem naturally good at things we fear or find difficult. When someone sees that you are good at one thing, they naturally assume you must be good at everything.



On Saturday February 4, **BPW Durham** will be conducting an interactive workshop facilitated by a Competent level Toastmaster from **Toastmasters International**. In the workshop everyone will be

writing a short presentation and then it will be recorded as it is presented to the group. The recording will then be played back where you will receive positive feedback on what you did well as well as areas for improvement. The workshop is open to all members as well as non-members.

Reservations are required, seating is limited.

Date: February 4, 2012

Time: 10:00AM - 1PM

Guests: \$40.00/person

Members: \$10.00/person

Costs include light lunch, tea/coffee.

Location: Taunton Mills Retirement Community
3800 Brock Street North
Whitby, ON L1R 3A5

Directions: Brock Rd and Taunton Rd, Whitby

Register on our website:
bpwdurham.com
or contact Joanne Cox
by January 25th:

Phone: 905.571.0473

Email: 2resrv@bpwdurham.com

*Reservations accepted with Credit Card
(VISA or AMEX).*

48-hr cancellation notice required for refunds

You will be charged if you reserve and do not attend or cancel

